



# WORLD GOLD WRESTLING

LIMITED TO  
40 WRESTLERS  
PER CAMP!

## WOMEN'S TAKEDOWN CAMP

6/10/23 Cost: \$50

PRICE INCLUDES DINNER. CAMPERS AGE 5TH GRADE AND UP ARE WELCOME. (ATHLETES OF YOUNGER AGES MAY BE ALLOWED WITH PREAPPROVAL)

### CAMP CLINICIANS

DENNIS HALL +  
BROOKE THURBER



COACH HALL IS A 2011 WRESTLING HALL OF FAME MEMBER, 3X OLYMPIAN, 1995 WORLD CHAMPION, 10X US NATIONAL CHAMPION, 3X STATE CHAMPION, AND THE CURRENT UNIVERSITY OF DUBUQUE WOMEN'S HEAD COACH.

COACH THURBER IS A 3X COLLEGIATE ALL AMERICAN, 10X NATIONAL ALL AMERICAN, THE CURRENT HEAD WOMEN'S COACH FOR NEKOOSA/ASSUMPTION'S HIGH SCHOOL GIRLS WRESTLING TEAM, AND HAS 6 YEARS COACHING EXPERIENCE.

#### CAMP SCHEDULE:

CHECK IN:	2:00-2:30 PM
SESSION 1:	2:30-4:30 PM
DINNER:	4:30-5:00 PM
SESSION 2:	5:00-7:00 PM

CAMP EMPHASIS: LEARN TAKEDOWNS AND SET UP SKILLS FROM ONE OF THE COUNTRIES MOST PROLIFIC HAND FIGHTERS. YOU'LL LEARN TECHNIQUES THAT WILL WORK FROM MIDDLE SCHOOL TO WORLD LEVELS.

ANY FAMILIES WITH JUNIOR GIRLS WHO ARE COMING TO THE WWV TEAM CAMP THE FOLLOWING DAY ARE WELCOME TO CAMP IN THE BACK PARKING LOT FREE OF CHARGE. THERE ARE ALSO MANY REASONABLY PRICED HOTELS IN THE WISCONSIN RAPIDS AREA. THE CAMP WILL FOCUS ON TECHNIQUES THAT WORK WELL IN BOTH FOLKSTYLE AND FREESTYLE.

SEND PAYMENT TO : THE BEAST CAGE, 6426 5TH AVE RUDOLPH, WI 54475  
OR REGISTER ON TRACKWRESTLING (WORLD GOLD WOMEN'S TAKEDOWN CAMP). FOR  
ADDITIONAL INFORMATION CONTACT BRIAN BACK BY EMAIL AT  
OBSESSEDWRESTLER36@GMAIL.COM OR BY PHONE/TEXT AT 715-459-4090