



**LIMITED TO  
36 WRESTLERS  
PER CAMP!**

## **TOP/BOTTOM CAMP JUNE 14-17TH 2023 Cost: \$350**

**PRICE INCLUDES FOOD AND ONSITE LODGING.  
CAMPERS AGE 6TH GRADE AND UP ARE WEL-  
COME. (ATHLETES OF YOUNGER AGES MAY BE AL-  
LOWED WITH PREAPPROVAL)**

### **CAMP CLINICIAN DENNIS HALL**



**2011 NATIONAL WRESTLING HALL OF FAME MEMBER, 3X OLYMPIAN, 1995 WORLD CHAMPION, 10X US NATIONAL CHAMPION, 2010 HEAD GRECO ROMAN COACH**  
COACH HALL ALSO HAS EXTENSIVE FOLKSTYLE EXPERIENCE. HE'S A 3X STATE CHAMPION, A FULL SCHOLARSHIP ATHLETE FOR THE UNIVERSITY OF WISCONSIN BEFORE SWITCHING TO GRECO ROMAN, AND HAS COACHED A YOUTH CLUB FOR 28 YEARS.

#### **CAMP SCHEDULE:**

<b>WED:</b>	<b>5:00-5:30—CHECK IN</b>
	<b>5:30-6:00—WELCOME AND PICTURE</b>
	<b>6:00-8:00— PRACTICE</b>
<b>THUR-FRI:</b>	<b>9:00-11:00— PRACTICE</b>
	<b>1:00-3:00— PRACTICE</b>
	<b>6:00-8:00— PRACTICE/LIVE</b>
<b>SAT:</b>	<b>9:00-11:00— PRACTICE</b>
	<b>1:00-3:00— PRACTICE</b>
	<b>3:00— CHECK OUT</b>

**CAMP EMPHASIS:** LEARNING STRENGTH OF POSITION AND CHAIN WRESTLING TO DOMINATE YOUR OPPONENT ON THE MAT. YOU'LL ALSO LEARN THE IMPORTANCE OF READING YOUR OPPONENTS PRESSURE AND USING IT AGAINST THEM.

**CAMP OFF TIME:** RECREATIONAL ACTIVITIES INCLUDE CAMP FIRES, CORNHOLE TOURNAMENT, VOLLEYBALL, FISHING, SPIKE BALL, WHIFFLE BALL, ETC.

**DISCOUNTS:** ATTEND TAKEDOWN AND TOP BOTTOM CAMPS FOR \$600, OTHERWISE RECEIVE A \$75 DISCOUNT APPLIED TOWARDS A 2ND CAMP. THERE IS ALSO A 50% DISCOUNT FOR A SECOND CHILD AFTER THE FIRST FULL PRICE ATHLETE FOR MULTI-ATHLETE FAMILIES.

**SEND PAYMENT TO : THE BEAST CAGE, 6426 5TH AVE RUDOLPH, WI 54475**

**OR REGISTER ON TRACKWRESTLING (WORLD GOLD TOP/BOTTOM CAMP)**

**FOR ADDITIONAL INFORMATION CONTACT BRIAN BACK**

**BY EMAIL AT [OBSESSEDWRESTLER36@GMAIL.COM](mailto:OBSESSEDWRESTLER36@GMAIL.COM) OR PHONE— 715-459-4090**